



EVE DIAGNOSTICS

CYTOKINE, CHEMOKINE AND GROWTH FACTOR 95-PLEX ANALYTE GLOSSARY

GROUP A1 – INNATE / AUTOIMMUNE INFLAMMATION

FGF-2 (Basic fibroblast growth factor)¹ – Growth factor that plays a role in the development and homeostasis of several tissues, notably in the musculoskeletal and cardiovascular systems, and is a pro-angiogenic factor. FGF-2 also has pro-inflammatory functions and its expression is increased in inflammation. FGF-2 may contribute to the pathogenesis of autoimmune conditions (i.e., RA and multiple sclerosis), colitis, orbitopathy in Graves disease, lung and kidney fibrosis, and cancer.

IFN α 2² – A type I interferon, IFN α 2 is expressed following viral infections and the recognition of stress-associated molecular patterns. IFN α 2 induces an innate antiviral response preventing viral spread, and contributes to adaptive immune responses, notably type 1 immunity. There is evidence that IFN α 2 expression may be detrimental in bacterial, fungal and parasitic infections, which may play a role in secondary bacterial infection following a primary viral infection. Increased expression of IFN α 2 has been implicated in the pathogenesis autoimmune diseases like systemic lupus erythematosus and Sjögren's syndrome, and in autoinflammatory interferopathies.

IL-1 α ^{3,4} A potent pro-inflammatory cytokine of the innate immune system and inducer of several components of the acute phase response. IL-1 α is constitutively expressed in non-myeloid cells (e.g., keratinocytes, lung and gut epithelial cells) and is released from necrotic cells to initiate inflammation following tissue damage. IL-1 is also an important factor in the proliferation and function of Th17 cells, acting synergistically with **IL-23** to induce the release of **IL-17A**. Increased release of IL-1 has been observed in many pathological conditions, including autoimmune diseases, metabolic syndromes, acute inflammation, chronic inflammation, and invasive cancers. Studies in mouse models suggest that IL-1 α , and not IL-1 β , may be specifically implicated in inflammatory diseases of the skin, such as hidradenitis suppurativa and pyoderma gangrenosum, and in colitis.

IL-1 β ^{3,4} Similar functions to IL-1 α (both are ligands of a common receptor (IL-1R) with identical affinities). Unlike IL-1 α , IL-1 β is expressed only in myeloid cells and requires proteolytic processing prior to secretion to be activated. Activation is mediated by caspase-1 following the formation of inflammasome complexes upon detection of signals indicating the presence pathogens, inflammation, or physiological stress. IL-1 β also supports the production of type 3 cytokines **IL-17A** and **IL-22** in ILC3s.

IL-1RA (IL-1 receptor antagonist)³ Antagonist of the IL-1 receptor, IL-1RA blocks the effects of **IL-1 α** and **IL-1 β** . Thought to be an acute phase factor that balances the physiologic effects of IL-1. IL-1RA is often observed to be elevated in cytokine storm, and is likely induced as a negative regulator of IL-1-driven inflammation⁵.

IL-2⁶ – A key factor in Th1, Th2, Treg, and CD8+ T cell proliferation and clonal expansion (but inhibitory of Th17 development), characterized by an initial peak at the onset of the T cell response followed by a rapid decline. Low, baseline levels of IL-2 promote immunomodulatory Treg development and survival, whereas higher levels in response to immune stimulation promote the activation and proliferation of natural killer (NK) cells and CD8+ cytotoxic T cells. IL-2 has context-specific dual roles in either promoting or suppressing autoimmunity⁷.

IL-17A⁸ – A signature cytokine released by Th17 cells and one of the main drivers of type 3 immune responses, IL-17A contributes to host defense and pathogen clearance of extracellular bacteria and fungi, as well as regulation of the gut microbiota. Dysregulation of Th17 activity is a key driver of autoimmunity, and elevated IL-17A has been recognized as an important contributor to autoimmune disorders including psoriasis, rheumatoid arthritis, multiple sclerosis, and inflammatory bowel disease. IL-17A blocking agents have been approved or are being investigated for the treatment of psoriasis, rheumatoid arthritis, ankylosing spondylitis, and multiple sclerosis.

IL-1, type I interferons such as IFN α 2, IL-17A, and FGF-2 are known contributors to autoimmune disorders, and elevated IL-2 promotes active inflammation. IL-17A and FGF-2 have been shown to synergistically promote inflammation in autoimmune arthritis⁹. IL-1, IL-17 and FGF-2 can initiate and potentiate type 3 (Th17-mediated) immunity (a key driver of autoimmunity), while IL-1 has been shown to be a negative regulator of Th17 activity. Type I IFNs have also been shown to suppress Th17 cells in some contexts¹⁰, although there is evidence that IFN α 2 can exacerbate Th17-mediated inflammation in autoimmune diseases¹¹, such as in systemic lupus erythematosus (SLE) where IFN α 2 and IL-17A contribute to a pathogenic signaling axis with BAFF (Group B)¹². IL-1 is also one of the major drivers of innate inflammatory responses, and IL-1RA is expressed as a negative regulator of IL-1 signaling.

GROUP A2 – PRO-INFLAMMATORY CYTOKINES / T CELL BIOMARKERS

Fractalkine (CX3CL1)¹³ – Drives the recruitment of CX3CR1-expressing immune cells, including monocytes, macrophages, microglia, Th1 cells, CD8+ T cells, NK cells, $\gamma\delta$ T cells, and conventional dendritic cells (cDC) to sites of inflammation. Fractalkine signaling contributes to continuing type 1 immune responses, and can also contribute to Th2 responses in asthma and Th17 responses in gut inflammation. The fractalkine-CX3CR1 axis has been implicated in a variety of diseases, such as atherosclerosis, allergic airway disease and asthma, inflammatory bowel disease, and cancer.

IFN γ ¹⁴ – The major signature cytokine secreted by Th1 cells, as well as NKs, ILC1s, and antigen-presenting cells like DCs and macrophages, IFN γ is the key factor in orchestrating type 1 adaptive immune responses against intracellular pathogens. IFN γ promotes Th1 cell differentiation, induces M1 polarization in macrophages, drives the expression of anti-microbial and anti-viral factors, and regulates inflammatory responses by inducing several cytokines and chemokines (e.g., **IP-10** and **MIG**). As a key regulator of type 1 immunity, IFN γ dysregulation contributes to autoimmune and other chronic inflammatory conditions driven by Th1 cells.

IL-4¹⁵ – A key cytokine orchestrating type 2 immune responses, IL-4 promotes the differentiation, proliferation and survival of Th2 cells and is also secreted by activated Th2 cells. IL-4 induces Ig isotype switching to IgG1 and IgE in B cells and drives the maturation and activation of DCs. In the context of dysregulated Th2 immunity, IL-4 is thought to be a key factor in the initiation phase of allergic inflammation and related diseases (asthma, atopic dermatitis, etc.). IL-4 (with TGF- β or IL-1 β) also drives the differentiation of **IL-9** producing Th9 cells.

IL-5¹⁵ – A signature cytokine secreted by Th2 cells, IL-5 stimulates antibody production in B cells and is an important factor in the differentiation of mature eosinophils from their precursors. As a key factor in Th2-mediated responses, IL-5 contributes to diseases of allergic inflammation such as asthma.

IL-9^{16,17} – A pleiotropic cytokine that is highly expressed by Th9 cells, mast cells and type 2 ILCs, and can be expressed by Th17 cells. Depending on the immunological context, IL-9 contributes to the regulation of Th1, Th2, and Th17-mediated immune responses and Treg-mediated immune tolerance, as well as regulating innate immune cells like mast cells, macrophages, ILCs, and dendritic cells. High levels of IL-9 have been associated with allergic diseases (e.g., asthma, allergic rhinitis, food allergies) and

autoinflammatory/autoimmune diseases (e.g., inflammatory bowel disease, multiple sclerosis, lupus nephritis).

IL-12p40¹⁸ – A subunit of the biologically active cytokines **IL-12p70** (heterodimer with IL-12p35, associated with type 1 immune responses) and **IL-23** (heterodimer with IL-23p19, associated with type 3 immune responses). IL-12p40 is highly expressed by macrophages and DCs upon microbial stimulation. When expressed at high levels, IL-12p40 can form homodimers that provide negative feedback to IL-12 and IL-23 signalling by competitively binding to the IL-12 and IL-23 receptors.

IL-12p70¹⁹ – The active form of IL-12. Released mainly by DCs, monocytes, and macrophages upon bacterial- or viral-specific pattern recognition receptor activation, IL-12 is the main driver of Th1 cell differentiation and, when present with **IL-18**, induces **IFN γ** release from Th1 cells. Also promotes the differentiation of ILC1s and the proliferation of peripheral T cells and NK cells. Additionally, IL-12p70 promotes Th17 cell differentiation to the pathogenic GM-CSF and IFN γ -expressing Th1/17 phenotype²⁰. IL-12 signaling is implicated in several inflammatory and autoimmune diseases, such as inflammatory bowel disease, rheumatoid arthritis, multiple sclerosis, systemic lupus erythematosus, diabetes mellitus, and Sjögren's syndrome.

IL-13¹⁵ – A signature Th2-released cytokine that is also produced by CD8+ T cells, mast cells, eosinophils DCs, and ILC2s, IL-13 contributes to the type 2 immune response by serving as a co-stimulator that drives B cell maturation, activation and antibody release. IL-13 has been shown to inhibit the production of pro-inflammatory cytokines (**IL-1 β** , **TNF α** , **IL-12**) by monocytes and may have a protective effect in type 1 inflammation, although both Th1 and Th17 cells have been shown to co-express IL-13 with their signature cytokines in some contexts²¹. IL-13 contributes to allergic inflammatory responses and is thought to drive the effector, rather than the initiation, phase of allergic diseases such as asthma.

IL-17F²² – An effector cytokine of type 3 immune responses that is released by activated Th17 cells, IL-17F forms homodimers or heterodimers with IL-17A to promote host defense at mucosal barriers. Unlike IL-17A, IL-17F can also be produced by activated monocytes and epithelial cells. Elevated IL-17F (and dysregulated type 3 immunity) has been recognized as a key contributor to autoimmune disorders including psoriasis, rheumatoid arthritis, multiple sclerosis, as well as inflammatory bowel disease.

IL-22²³ – A cytokine released primarily by lymphoid cells, including Th22 cells (thought to be the major source of IL-22 in the peripheral circulation), as well as Th17 cells, type 3 innate lymphoid cells (ILC3s), and NKs. Depending on the tissue and pathological context, IL-22 can either reduce inflammation and drive epithelial repair and regeneration, or it can induce pro-inflammatory mediators and promote type 1 or type 3 inflammation. High plasma levels of IL-22 have been observed in patients with inflammatory bowel disease, rheumatoid arthritis and malignancy.

MCP-3 (Monocyte chemotactic protein 3; CCL7)²⁴ – Induced in response to pathogen detection and inflammatory cytokine signaling (e.g. **IL-1 β** , **TNF α** , **IFN γ**), MCP-3 signals via CCR1, CCR2, CCR3, and CCR4 to drive the recruitment of a variety of immune cells, most prominently monocytes, but also eosinophils, basophils, DCs, NK cells, Th2 cells, and neutrophils. MCP-3 signaling impacts the immune response to viral, bacterial, and fungal infections.

MIP-1 α (Macrophage inflammatory protein-1 α ; CCL3)²⁵ – Recruitment of T cells, B cells, DCs, neutrophils, monocytes, and eosinophils to sites of inflammation via the receptors CCR1, CCR4 and CCR5. MIP-1 α is an important factor in CD8+ memory T cell development in the lymph nodes and may promote Th1 polarization (and prevent Th2 polarization) in naïve CD4+ T cells²⁶. MIP-1 α has also been identified as a primary driver of progressive disease in multiple myeloma.

TGF- α (Transforming growth factor α)²⁷ – A ligand of the EGF receptor, TGF α drives cell proliferation and stem cell survival, and contributes to developmental processes and tissue homeostasis throughout the body. Several immune cells, including neutrophils, monocytes, and eosinophils, express and release TGF-

α upon degranulation, which may contribute to tissue healing following the inflammatory response. Persistently elevated TGF- α in the context of chronic inflammation may be a driver of fibrosis.

TNF α (Tumour necrosis factor α)²⁸ – Important pro-inflammatory cytokine that is released following the detection of pathogen and other danger-associated molecular patterns, inflammatory signals, and stress, with a particularly important role in driving the early phase of the inflammatory response. TNF α is also released by Th1 and Th17 cells and has been shown to promote type 1, type 2, and type 3 immune responses, and is co-stimulatory in B cell development. TNF α is a pro-angiogenic factor that contributes to wound healing responses. Dysregulated production of TNF α has been associated with rheumatoid arthritis, inflammatory bowel disease, ankylosing spondylitis, psoriatic arthritis (PsA), juvenile idiopathic arthritis (JIA) and cardiovascular disease. TNF α blocking agents have been approved for the treatment of rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, psoriasis, ulcerative colitis, and Crohn's disease.

TNF β (Tumour necrosis factor β ; Lymphotoxin- α)²⁹ – Pro-inflammatory cytokine that also contributes to the development of the immune system. TNF β is released by Th1 cells, CD8+ T cells, NK cells, and macrophages, and contributes to type 1 immune responses. It is also essential in the differentiation of NK cells and plays a role in NK recruitment and function. TNF β has been implicated in the pathogenesis of rheumatoid arthritis (and may be a key factor in patients that are resistant to TNF α blockade), and cardiovascular disease.

The analytes in this group consist of pro-inflammatory cytokines that can initiate and propagate innate inflammation and contribute to adaptive immune responses. The cytokine profile may indicate responses orchestrated by Th1 (IFN γ , IL-12p70, TNF β ; intracellular pathogen infection/autoimmunity), Th2 (IL-4, IL-5, IL-13, IL-9; helminth infection, allergy and/or tissue repair and fibrosis), and/or Th17 cells (IL-17F, IL-22; extracellular pathogen infection/autoimmunity) along with Th9 (IL-9¹⁷) and Th22 cells (IL-22, IL-13), which may contribute to allergy and autoimmunity. Patterns of mixed T cell cytokine release could indicate a multifaceted immune response with multiple types of inflammation, could reflect the heterogeneity and plasticity observed in T cells in vivo, since "hybrid" cells that co-express the signature cytokines of two different T cell subtypes (e.g., IL-4 with IFN γ , IFN γ with IL-17A, IL-4 with IL-17A, IL-13 expressed by both Th1 and Th17 cells) may be common^{21,30,31}, or could indicate regulatory mechanisms (e.g. type 2 cytokines released following tissue damage caused by type 1 or type 3 immune responses³²).

GROUP A3 – HEMATOPOIETIC GROWTH FACTORS

G-CSF (Granulocyte colony-stimulating factor)³³ – Hematopoietic growth factor that is an important driver of neutrophil development and proliferation. Also induces the mobilization of hematopoietic stem and progenitor cells from the bone marrow into circulation.

GM-CSF (Granulocyte-macrophage colony-stimulating factor)³⁴⁻³⁶ – A pro-inflammatory cytokine that acts as a bridge between T cells and effector leukocytes during inflammation. GM-CSF also acts as a hematopoietic growth factor that drives the replication, differentiation, activation, and survival of a variety of myeloid cells and promotes pathogenic macrophage polarization. Most GM-CSF released during acute inflammation is released by CD4+ T cells (Th1 and Th17) and ILC3s, and contributes mainly to type 1 and type 3 immune responses, but can also play a role in type 2 immune responses in the airway. GM-CSF has been shown to be a major contributor to the pathogenesis of several chronic inflammatory and autoimmune diseases including rheumatoid arthritis, inflammatory bowel disease, multiple sclerosis, and allergic diseases such as asthma.

IL-3³⁷ – Originally known as multi-CSF, IL-3 drives the differentiation of bone marrow precursors to a wide variety of myeloid cells including monocytes, macrophages, neutrophils, eosinophils, basophils, and mast cells, and stimulates proliferation in hematopoietic stem cells. IL-3 also induces degranulation in mature basophils and mast cells and is an important factor promoting type 1 IFN release from plasmacytoid DCs

(pDCs). IL-3 acts on early hematopoietic precursor cells, and so can serve as a growth factor in the pathogenesis of acute and chronic myelogenous leukemia.

IL-7³⁸ – An essential factor in the proliferation, survival, and development of T and B cells. Also plays an important role in the development and function of ILC2s and ILC3s. Circulating levels of IL-7 increase in response to lymphopenia, and a deficiency in IL-7 signaling results in severe combined immunodeficiency (SCID).

High levels of the analytes in this group

GROUP B – INNATE INFLAMMATION / CYTOKINE ‘STORM’

BAFF (B cell activating factor)^{39,40} – Member of the TNF family of cytokines that promote B cell survival and proliferation. The BAFF/APRIL system has been implicated as an important contributor to autoimmune diseases, most prominently systemic lupus erythematosus (SLE), and may also play important roles in the development of graft vs. host disease (GVHD) and cancer.

Flt3L (FMS-related tyrosine kinase 3 ligand)⁴¹ – Hematopoietic growth factor that drives hematopoietic stem cells towards a lympho-myeloid fate, is an essential factor in the generation of DCs, and contributes to the proliferation and maintenance of B cells. Additionally, Flt3L synergizes with other hematopoietic growth factors in the development and expansion of myeloid cells (e.g., with **SCF**, **IL-3**, **IL-6**, **GM-CSF**, and **G-CSF**) and promotes the expansion and maintenance of lymphoid progenitors in synergy with **IL-7**. Increases in Flt3L can massively expand migrating and resident DC populations in the periphery, and dysregulation of the Flt3L-Flt signaling axis has been identified as an important contributor to leukemia.

IL-6^{42,43} – Plays a central role in innate immunity as a key factor driving acute phase protein release from hepatocytes, and in adaptive immunity by stimulating antibody release from B cells and promoting CD4+ T cell differentiation to Th2 (with **IL-4**) and Th17 (with TGF- β) subtypes. IL-6 is thought to be an important contributor to ‘cytokine storm’ (cytokine release syndrome, CRS) in conditions such as MAS, AOSD, and COVID-19. IL-6 blocking agents have been approved or are being investigated for the treatment of a wide range of autoimmune, acute and chronic inflammatory diseases including rheumatoid arthritis, Castleman’s disease, juvenile idiopathic arthritis, cytokine release syndrome (including severe COVID19), among several others⁴⁴.

IL-8 (CXCL8)⁴⁵ – An important factor in the recruitment and activation of neutrophils, as well as monocytes, eosinophils, and mast cells via CXCR1 and CXCR2. As a CXCR2 ligand, IL-8 is also a pro-angiogenic chemokine that contributes to wound healing responses. Elevated levels of IL-8 are associated with chronic inflammatory conditions like psoriasis, rheumatoid arthritis, COPD, and asthma.

IL-10⁴⁶ – A potent anti-inflammatory factor. IL-10 promotes immunomodulatory Treg development, decreases inflammatory cytokine production and prevents the development of T cell-mediated immune responses. Despite its established role as an anti-inflammatory cytokine, IL-10 has been implicated as a potential contributing factor to the ‘cytokine storm’ in severe COVID-19⁴⁷.

IL-15⁴⁸ – Promotes adaptive immune responses by driving the proliferation and survival of activated T cells, along with the generation, activation and proliferation of ILC1s and NK cells. IL-15 may play a role in the development of hematological malignancies.

IL-18^{3,4} – Produced mainly by macrophages and DCs, IL-18 is a key factor in type 1 immunity. IL-18 acts synergistically with IL-12p70 to stimulate the expression of IFN γ in Th1 cells and ILC1s, sustains Th1 and cytotoxic T cell activation, and is a key component regulating ILC1 and NK cell function. Like IL-1 β , IL-18 is activated following inflammasome formation. Some inflammatory and autoimmune diseases are thought to be mediated by dysregulation of IL-18 signaling, such as systemic lupus erythematosus, rheumatoid arthritis, type-1 diabetes, Crohn’s disease, psoriasis, and graft versus host disease. IL-18 may also be an

important contributor to 'cytokine storm' in conditions such as macrophage activation syndrome, adult-onset Still's disease, and COVID-19.

IL-27⁴⁹ – A pleiotropic cytokine with both pro- and anti-inflammatory functions. Contributes to Th1 cell differentiation and expansion at the onset of a type 1 immune response, but also inhibits the release of IL-2 and induces the release of IL-10, which suppress the Th1 response, so IL-27 may contribute to both the initiation and resolution of type 1 inflammatory responses. IL-27 has also been shown to inhibit Th2 and Th17-mediated immune responses and to promote the development of immunomodulatory Treg cells.

MIG (Monokine induced by gamma interferon; CXCL9),

IP-10 (Interferon gamma-induced protein 10; CXCL10),

I-TAC (CXCL11)^{50,51} – CXCR3 ligands induced by IFN γ that drive the recruitment of macrophages, dendritic cells, NK cells, and Th1 cells to inflamed, infected, or neoplastic regions, and so are important chemokines that contribute to type 1 immune responses. MIG, IP-10, and I-TAC also contribute to the regulation of apoptosis and cell proliferation, and are angiostatic factors released late in wound healing responses that promote transition to the remodeling phase.

MCP-1 (Monocyte chemotactic protein 1; CCL2)⁵² – Chemotaxis of CCR2-expressing immune cells, and regulation of T cells favouring polarization to the Th2 subtype. MCP-1 is also a pro-angiogenic chemokine that contributes to wound healing responses. Elevated MCP-1 is associated with cardiovascular disease, allergic asthma, rheumatoid arthritis, and invasive cancer.

MCP-2 (Monocyte chemotactic protein 2; CCL8)⁵³ – Drives the recruitment of a variety of immune cells, including monocytes, eosinophils, basophils, DCs, NK cells, activated T cells, and neutrophils via CCR1, CCR2, CCR3, and CCR5.

M-CSF (macrophage colony-stimulating factor)³⁴ – Hematopoietic growth factor that drives the replication, differentiation, activation, and survival of a variety of myeloid cells, most prominently macrophages with a possible bias to protective M2 polarization. Both protective and pathogenic roles for M-CSF have been observed in several inflammatory conditions, but it has been implicated in the pathogenesis of conditions including arthritis, pulmonary fibrosis, and atherosclerosis.

MIP-1 β (Macrophage inflammatory protein-1 β ; CCL4)⁵³ – Regulates the trafficking of immune cells, including Th2 cells, B cells, monocytes, eosinophils, DCs, macrophages and NK cells, to sites of inflammation via the receptors CCR1, CCR4 and CCR5.

MIP-3 α (Macrophage inflammatory protein-3 α ; CCL20)⁵⁴ – Drives the recruitment of immature and mature DCs to sites of epithelial inflammation, and the homing of both T helper cells and DCs to mucosal lymphoid tissue via CCR6.

MIP-3 β (Macrophage inflammatory protein-3 β ; CCL19)⁵⁵ – Drives the recruitment of CCR7-expressing T-cells to sites of inflammation and potentiates T cell responses. Also regulates the steady-state trafficking of lymphocytes and DCs. MIP-3 β is also essential in the TLR-driven maturation of DCs.

High levels of the analytes in this group may be associated with innate immune responses – IL-6 plays a central role in innate immunity as a key factor driving acute phase protein release^{42,43}, IL-18 is a pro-inflammatory alarmin released following inflammasome activation³, and Flt-3L is an important factor in innate lymphoid cell development⁵⁶. High results across this group may indicate severe systemic inflammatory responses such as 'cytokine storm' (cytokine release syndrome; CRS). IL-6, IL-10, IL-18, IL-8, MIG, IP-10, MIP-1 β , MCP-1 have been found to be important soluble mediators of cytokine storm⁵. The anti-inflammatory factor IL-10 has been found to be upregulated in cytokine storm, likely representing an insufficient regulatory response.

High values across the analytes in this group are frequently observed in conditions associated with CRS, such as macrophage activation syndrome (MAS), adult-onset Still's disease (AOSD), and

systemic arthritis, as well as lymphoproliferative disorders such as hemophagocytic lymphohistiocytosis (HLH) and lymphocytic leukemia.

GROUP C – CELL DEATH BIOMARKERS

Perforin⁵⁷ – Cell death-inducing glycoprotein released mainly by NK cells and CD8+ T cells which forms pores in the membranes of target cells. Perforin deficiency has been associated with hemophagocytic lymphohistiocytosis (HLH), leukemias and lymphomas, infectious diseases, and autoimmune diseases.

sFas (Soluble Fas)^{58,59} – Soluble form of the apoptosis-inducing receptor Fas. May protect Fas-expressing cells from FasL-induced apoptosis. High circulating levels of sFas have been observed in SLE patients and may contribute to autoimmunity.

TRAIL (TNF-related apoptosis-inducing ligand)⁶⁰ – Apoptosis-inducing member of the TNF superfamily. TRAIL is an important factor in NK-mediated apoptosis and has potent anti-tumour activity by preferentially inducing apoptosis in cancer cells but not in normal cells. TRAIL has also been shown to promote the resolution of inflammation by accelerating apoptosis of neutrophils and has anti-inflammatory effects on T cell function by inhibiting the proliferation of Th1 cells, promoting Treg proliferation, and inducing apoptosis in autoreactive T cells and B cells.

The analytes in this group promote cell death through facilitating (perforin) or directly inducing apoptosis (sFas, TRAIL).

GROUP D1 – LYMPHOCYTE RECRUITMENT/ACTIVATION

BCA-1 (B cell-attracting chemokine 1; CXCL13)^{61,62} – Drives the recruitment and promotes the differentiation of B cells and T_{FH} cells (along with small numbers of dendritic cells, NK cells, and macrophage progenitors) via CXCR5, playing a key role in the generation of lymphoid follicles. High levels of BCA-1 are associated with aberrant B cell and/or T_{FH} cell aggregates in several autoimmune diseases (rheumatoid arthritis, systemic lupus erythematosus, Sjögren's syndrome, multiple sclerosis, etc.) and the initiation and progression of lymphoproliferative and solid tumour cancers. BCA-1 has also been identified as a predictive marker of lethal COVID-19 cases.

CCL28 (MEC (Mucosae-associated epithelial chemokine))⁶³ – Drives the trafficking of T and B cells via CCR10, and eosinophils via CCR3. CCL28 is constitutively expressed and regulates the steady-state recruitment of immune cells to tissues, but its expression is increased in response to pro-inflammatory cytokines and bacterial products. Deregulated levels of CCL28 have been associated with salivary gland tumors, Hodgkin's disease, and Sjögren's syndrome.

Granzyme A, Granzyme B⁶⁴ – Cell death-inducing serine proteases stored in the granules of NK cells and cytotoxic T cells that contribute to type 1 immune responses. Extracellular granzymes may be secreted by mast cells, neutrophils, and activated macrophages during inflammation and have pro-inflammatory functions. Granzyme A can activate pro IL-1 β and may proteolytically activate macrophages to secrete cytokines. Extracellular granzymes A and B also degrade extracellular matrix, which may facilitate immune cells' access to sites of inflammation, or induce anoikis in anchorage-dependent cells.

I-309 (CCL1)⁶⁵ – Ligand of the CCR8 receptor that may play a role in the recruitment of T cells and eosinophils to sites of inflammation, and has been shown to play an important role in the trafficking and activation of ILC2 cells to promote type 2 immunity. I-309 has also been shown to drive Treg recruitment⁶⁶. Elevated I-309 levels are associated with allergic diseases such as asthma and with poor prognosis in cancer.

IL-16⁶⁷ – A ligand of the CD4 receptor, IL-16 acts as a chemoattractant and activating factor for CD4+ T cells, eosinophils, monocytes and DCs. IL-16 also potentiates IL-2- or IL-15-driven CD4+ T cell proliferation. Elevated secretion of IL-16 has been observed in asthma and inflammatory bowel disease.

IL-23⁶⁸ – Drives the differentiation of Th17 cells (when present with IL-1) and induces IL-17 release. As a key regulator of the type 3 immune response, dysregulation of IL-23 contributes to autoimmunity, and elevated levels are associated with chronic bowel inflammation, inflammatory joint diseases, psoriasis, and multiple sclerosis. Th17 cells can acquire the ability to secrete IFN- γ /GM-CSF (the highly inflammatory and pathogenic Th17.1 phenotype) following prolonged exposure to elevated levels of IL-23 and IL-1 β ⁶⁹. IL-23 blocking agents have been approved or are being investigated for the treatment of psoriasis, psoriatic arthritis, rheumatoid arthritis, Crohn's disease, and ankylosing spondylitis, and inflammatory bowel disease. IBD patients that do not respond to TNF blockers (indicative of a refractory phenotype) tend to respond well to anti-IL-23 antibody therapy⁷⁰.

IL-35⁷¹ – A potent anti-inflammatory cytokine secreted by Tregs and Bregs that suppresses T cell proliferation and induces IL-35-secreting Treg cells (iT₃₅). IL-35 levels have been observed to be inversely correlated with disease severity in several autoimmune (RA, SLE, MS, Sjögren's) and inflammatory diseases (IBD, atherosclerosis), whereas increased IL-35 levels are associated with worse prognosis in some cancers.

Lymphotactin (XCL1)⁷² – A key factor in the activation and function of cytotoxic T cells. Produced mainly by CD8+ T cells, lymphotactin drives the recruitment and facilitates the interaction of XCR1-expressing antigen-presenting DCs with CD8+ T cells.

sCD137^{73,74} – Soluble form of the Th1-polarizing CD137 receptor, which is released by activated T and NK cells and some cancer cells. Soluble CD137 binds to CD137 ligand, preventing the stimulation of CD137-expressing T cells and reducing Th1 development. High levels of sCD137 may be pathogenic in conditions resolved by Th1-mediated immunity such as viral infection and cancer, and protective in conditions characterized by excessive Th1 activity, such as autoimmune diseases.

sFasL (Soluble Fas ligand)⁵⁸ – Soluble form of the apoptosis-inducing Fas ligand. Promotes apoptosis in Fas-expressing cells (less potently than membrane-bound Fas). High levels of soluble FasL have been observed in patients with lymphocytic leukemia. sFasL may be protective in autoimmune diseases like SLE, and a lower ratio of sFasL/sFas may be indicative of disease severity⁷⁵.

TPO (Thrombopoietin)⁷⁶ – Hormone that is the key driver in the generation of platelets, with deficiencies resulting in thrombocytopenia. TPO also contributes to the survival and expansion of hematopoietic stem cells and acts synergistically with IL-3 and SCF to enhance the development of a variety of immune cells.

Elevated levels of the analytes in this group could indicate the recruitment and activation of NK cells, T cells, and B cells. Granzyme A, granzyme B are cytotoxic mediators released by NK cells and CD8+ T cells; sCD137 is an indicator of NK and T cell activity; sFasL is a regulator of cell death and apoptosis, and is shed by NK cells and CD8+ T cells; lymphotactin(CD8+ T cells), CCL28 (NK cells and T cells), I-309 and IL-16 (CD4+ T cells) drive recruitment lymphocytes to sites of inflammation; IL-23 is a pro-inflammatory factor that has context-specific regulatory effects on NK and CD8+ T cell function⁷⁷; IL-35 is an immunosuppressive factor that inhibits cytotoxic cell function.

GROUP D2 – MUCOSAL INFLAMMATION/DAMAGE

Eotaxin-3 (CCL26)⁷⁸ – Recruitment eosinophils, basophils, mast cells, and activated Th2 cells, to sites of inflammation via CCR3. The eotaxins are major contributors to type 2 (Th2-mediated) immunity, and high levels are associated with allergic diseases such as asthma, atopic dermatitis, and allergic rhinitis, as well as parasite infections and other inflammatory conditions (i.e., eosinophilic esophagitis, gastroenteritis).

HMGB1 (High mobility group box 1)⁷⁹ – A chromosomal protein. Extracellular HMGB1, either actively secreted by immune cells or passively released by dying or damaged cells, serves as a danger-associated molecular pattern (DAMP) and functions as an immune adjuvant to potentiate the activation of a wide range of immune cells to maintain long-term inflammatory responses. Elevated serum HMGB1 levels are associated with a wide spectrum of disease states, including sepsis, autoimmune diseases, chronic inflammatory diseases, and cancer.

IFN β ^{80,81} – A type I interferon with high affinity to the IFN α receptors, IFN β induces an antiviral response preventing viral spread, and contributes to the adaptive type 1 (Th1-mediated) immune response following viral infection. Type I interferons are potent suppressors of IL-17 production, and IFN β is used therapeutically to treat MS.

IFN ω ⁸² – A type I interferon, IFN ω induces an antiviral response preventing viral spread, and contributes to the adaptive type 1 (Th1-mediated) immune response following viral infection, along with regulating innate immune functions. Type I interferons are also potent suppressors of IL-17 production.

IL-11⁸³ – A cytokine of the IL-6 family, IL-11 has been implicated in the pathogenesis of fibrotic diseases and cancer. IL-11 has also been identified to potentially contribute to autoimmune diseases such as rheumatoid arthritis and MS, and inflammatory diseases such as asthma, IBD and psoriasis.

IL-17E/IL-25²² – An epithelial alarmin released in response to danger signals, IL-17E/IL-25 amplifies type 2 immune responses by promoting the production of **IL-4**, **IL-5**, and **IL-13** by Th2 cells and ILC2s, playing a contributing role to allergic inflammatory diseases such as asthma. It also promotes the pathogenesis of psoriasis, and may have both pro- and anti-inflammatory roles in inflammatory bowel disease. IL-17E has been shown to block Th17 polarization and to generally have a protective role in Th17-driven autoimmune disorders⁸⁴.

IL-20⁸⁵ – Pro-inflammatory cytokine that may facilitate the communication between leukocytes and epithelial cells, thereby enhancing innate defence mechanisms and tissue repair processes at epithelial surfaces⁸⁶. IL-20 has been implicated in the pathogenesis of autoimmune conditions such as rheumatoid arthritis, psoriasis, and nephritis.

IL-21⁸⁷ – Pleiotropic cytokine produced by NK and T cells (most prominently Th17 and Tfh subsets) with broad effects in regulating both innate and adaptive immune responses, IL-21 is an important factor in promoting sustained immunity to chronic infections. IL-21 also contributes to mucosal immunity by supporting B cell class switching to IgA, and may drive differentiation of naïve CD4⁺ T cells to Th17 cells (with TGF- β) and to Tfh cells (in the absence of TGF- β).

IL-24⁸⁸ – Cytokine in the IL-20 family with important roles in wound healing and host defense to infections. Elevated levels of IL-24 have been observed in autoimmune diseases such as psoriasis, and allergic diseases such as asthma and atopic dermatitis.

IL-28A (IFN λ 2)⁸⁹ – A type III interferon, IL-28A is released in response to viral infection and induces antiviral activity in target cells, and contributes to type 1 immune responses (the IFN λ receptor is restricted mainly to epithelial cells, in contrast to the wide distribution of expression of other IFN subtype receptors). There is evidence that IL-28A may also have protective effects in conditions associated with type 2 and type 3 inflammation⁹⁰.

IL-29(IFN λ 1)⁹¹ – The most abundant type III interferon, predominantly produced by dendritic cells and macrophages. Induces antiviral activity in target cells, and contributes to type 1 immune responses (the IFN λ receptor is restricted mainly to epithelial cells, in contrast to the wide distribution of expression of other IFN subtype receptors).

IL-31⁹² – A pro-inflammatory cytokine released mainly by Th2 cells, macrophages, dendritic cells, and a sub-population of T helper cells that migrate selectively to the skin. IL-31 has been identified as a major

contributor to non-histamine-mediated skin itch, and is prominently implicated in the pathogenesis of atopic dermatitis. IL-31 may also contribute to the pathogenesis of other allergic diseases such as asthma.

IL-33⁹³ – A key cytokine in type 2 immunity, IL-33 induces type 2 cytokine release (IL-4, IL-5, IL-13) in Th2 cells, ILC2s, basophils, mast cells, and macrophages. Also, DCs activated by IL-33 promote Th2 polarization. IL-33 can also contribute to the resolution of inflammation by promoting tissue repair and integrity through the regulation of Tregs. IL-33 release is increased in mucosal tissues following tissue damage due to inflammation or infection and is thought to be a major contributor to allergic diseases such as asthma and atopic dermatitis, as well as chronic inflammatory or fibrotic diseases like ulcerative colitis and COPD.

IL-34⁹⁴ – An important factor in the development of Langerhans cells and microglia, IL-34 may also play a role in the development and maintenance of macrophage populations (it shares a receptor with M-CSF). IL-34 expression has been found to increase with disease progression in a number of inflammatory, autoimmune and neoplastic diseases.

LIF (Leukemia inhibitory factor)⁹⁵ – A pleiotropic cytokine with both pro- and anti-inflammatory functions, depending on the immunological context. LIF is expressed by Tregs and suppresses Th17 differentiation, and so may promote immune tolerance. LIF expression is induced by pro-inflammatory cytokines, and elevated levels of LIF have been observed in rheumatoid arthritis, airway infections, acute respiratory distress, asthma, sepsis, and neural inflammation, although its role is often thought to be anti-inflammatory and protective.

TSLP (Thymic stromal lymphopoietin)⁹⁶ – Produced mainly by epithelial tissues in response to inflammatory stimuli, TSLP is a key regulator of type 2 immune responses. TSLP primes DCs to induce Th2 polarization, plays a role in the development of ILC2s, and drives the expression of type 2 cytokines (IL-4, IL-5, IL-13). Elevated levels of TSLP are associated with allergic diseases such as asthma, atopic dermatitis, and eosinophilic esophagitis.

Elevated levels of the analytes in this group could indicate a state of tissue injury and mucosal inflammation. IL-17E/IL-25, TSLP and IL-33 are epithelial alarmins that activate type 2 immune responses; IFN β and IFN ω are type 1 interferons and IL-28A and IL-29 are type 3 interferons, which are associated with innate anti-viral responses and mucosal immunity⁹⁷; HMGB1 is an alarmin released by damaged cells and can drive interferon expression; IL-34 plays a role in maintaining mucosal resident macrophages; IL-11, IL-20 and IL-21 are important factors in epithelial defence and tissue repair.

GROUP E – IMMUNE CELL RECRUITMENT

6CKine (CCL21)⁹⁸ – Drives the recruitment and trafficking of T cells via CCR7. Plays a key role in homing of lymphocytes to lymph nodes and Peyer's patches, and contributes to immune tolerance by regulating the steady state trafficking of DCs from mucosal tissues to lymph nodes.

CTACK (Cutaneous T cell-attracting chemokine; CCL27)⁹⁹ – Expressed primarily in keratinocytes in the skin, CTACK drives the recruitment and homeostatic trafficking of CCR10-expressing T cells to the skin. Elevated levels of CTACK have been observed in inflammatory conditions of the skin, including diffuse or limited cutaneous systemic sclerosis, atopic dermatitis, and psoriasis vulgaris.

Eotaxin-1 (CCL11), -2 (CCL24)⁷⁸ – Recruitment of eosinophils, basophils, mast cells, and activated Th2 cells, to sites of inflammation via CCR3. The eotaxins are major effectors of Th2-mediated inflammation, and high levels are associated with allergic diseases such as asthma, atopic dermatitis, and allergic rhinitis, as well as parasite infections and other inflammatory conditions (i.e., eosinophilic esophagitis, gastroenteritis).

MDC (Macrophage-derived chemokine; CCL22)¹⁰⁰ – Drives the recruitment of CCR4-expressing immune cells, most notably Th2 cells, to sites of inflammation. Higher levels of these chemokines are observed in allergic diseases such as asthma and atopic dermatitis, as well as in some cancers.

MIP-1δ (Macrophage inflammatory protein 1δ; CCL15)¹⁰¹ – Drives the recruitment of immune cells, particularly eosinophils and basophils, via CCR1 and CCR3. MIP-1δ has been implicated in the pathogenesis of asthma, particularly in severe asthma with mixed Th1/Th2-driven inflammation and airway remodeling. MIP-1δ has also been observed to contribute to plaque instability in atherosclerosis, angiogenesis in lung cancer, and elevated levels are observed in patients with advanced sarcoidosis.

MIP-1 (Myeloid progenitor inhibitory factor-1; CCL23)¹⁰² – Drives the recruitment of dendritic cells, resting T cells, and monocytes via CCR1. Also promotes angiogenesis by activating CCR1 on vascular endothelial cells.

RANTES (Regulated on activation, normal T cell expressed and secreted; CCL5)¹⁰³ – A chemokine contributing to both type 1 and type 2 immune responses, RANTES drives the recruitment of T cells (both Th1 and Th2), dendritic cells, eosinophils, NK cells, mast cells and basophils via CCR1, CCR3 and CCR5. RANTES is also a pro-angiogenic chemokine that contributes to wound healing responses. Release of RANTES is prominently associated with viral infections, and is also implicated in asthma, atherosclerosis, angiogenesis in cancer, and fibrotic diseases.

SCF (Stem cell factor)¹⁰⁴ – Growth factor that contributes to homeostasis in a wide variety of tissues throughout the body, with a prominent role in the maintenance of early hematopoietic stem cells. SCF primes DCs to induce Th2 or Th17 differentiation and drives the maturation, degranulation, and homing of mast cells, and thus is implicated in the pathogenesis of allergic diseases such as asthma. SCF and its receptor c-Kit can also contribute to the development of several types of cancer.

SDF-1 (Stromal cell-derived factor 1; CXCL12)^{105,106} – Ligand of the CXCR4 receptor with important roles in development, including the homing and maintenance of hematopoietic stem cells and the production of immune cells, including B cells, pDCs, and NK cells. May play a role in the onset or progression of cancer, viral infections, inflammatory bowel diseases, rheumatoid arthritis and osteoarthritis, asthma and acute lung injury, amyotrophic lateral sclerosis, and WHIM syndrome.

The analytes in this group drive the recruitment, homing and activation of leukocytes and lymphocytes.

GROUP H – PLATELET ACTIVATION / WOUND HEALING

APRIL (A proliferation inducing ligand)^{39,40} – Member of the TNF family of cytokines that promote B cell survival and proliferation. The BAFF/APRIL system has been implicated as an important contributor to autoimmune diseases, most prominently systemic lupus erythematosus (SLE), and may also play important roles in the development of graft vs. host disease (GVHD) and cancer.

EGF (Epidermal growth factor)¹⁰⁷ – Important growth factor involved in development, homeostasis and wound repair in tissues throughout the body. It is also a major factor that drives the proliferation and survival of several cancers.

ENA-78 (Epithelial neutrophil-activating protein 78; CXCL5)⁵³ – Drives the recruitment of neutrophils, basophils and B cells via CXCR1 and CXCR2. ENA-78 is also a pro-angiogenic chemokine, and so can contribute both to wound healing and to the progression of some cancers.

GCP-2 (Granulocyte chemotactic protein 2; CXCL6)¹⁰⁸ – Drive the recruitment and activation of neutrophils via CXCR1 and CXCR2

GRO α (CXCL1)¹⁰⁹ – Recruitment of granulocytes (most notably neutrophils), monocytes, and CXCR2-expressing CD8+ T cells and NK cells to sites of inflammation. GRO α is a pro-angiogenic chemokine, and so can contribute both to wound healing and to the progression of some cancers.

MCP-4 (Monocyte chemotactic protein 4; CCL13)¹¹⁰ – Drives the recruitment of eosinophils, basophils, monocytes, macrophages, immature DCs, and T cells via CCR1, CCR2, CCR3, CCR5 and CCR11. Also induces eosinophil degranulation, basophil histamine release, and the release of pro-inflammatory cytokines from epithelial and endothelial cells. There is evidence that MCP-4 contributes to many diseases, most prominently to airway diseases such as asthma and COPD, autoimmune diseases such as rheumatoid arthritis, and skin diseases such as atopic dermatitis.

PDGF AA, AB, BB (Platelet-derived growth factor)¹¹¹ – Growth factors comprised of homodimers or heterodimers of two PDGF subunits (A and B). PDGFs play a major role in development, and their release from activated platelets contributes to wound healing. They are important contributors to the development and progression of some cancers, as well as vascular diseases (i.e., atherosclerosis, pulmonary hypertension) and fibrotic diseases.

sCD40L (Soluble CD40 ligand)¹¹² – Soluble form of the costimulatory molecule in the TNF family that promotes immunoglobulin isotype switching and the development of humoral immune memory in B cells, and primes DCs to activate T cell responses. High sCD40L levels have been observed in several autoimmune diseases.

TARC (Thymus and activation regulated chemokine; CCL17)¹⁰⁰ – Recruitment of CCR4-expressing immune cells, most notably Th2 cells, to sites of inflammation. Higher levels of TARC are observed in allergic diseases such as asthma and atopic dermatitis (TARC has been shown to be upregulated following allergen challenge in atopic subjects), as well as in some cancers.

VEGF-A (Vascular endothelial growth factor)¹¹³ – Growth factor that plays a major role in vasculogenesis and angiogenesis and is essential for vascular homeostasis. Tumour-secreted VEGF contributes to cancer progression by promoting angiogenesis in the tumour microenvironment. VEGF-A also contributes to retinopathy in several blinding eye diseases.

High levels of most or all of the analytes in this group could indicate a platelet activation/wound healing response, as all of these factors are stored in and released by platelets and/or take part in angiogenic, tissue remodeling or inflammatory processes during wound healing¹¹⁴. High results in this group are often observed in conditions typically associated with vascular injury, angiogenesis and/or thrombocytosis, such as AOSD, Kawasaki disease, juvenile arthritis, FMF, COVID-19 and Crohn's disease, whereas lower results have been observed in conditions associated with thrombocytopenia such as HLH, lymphocytic leukemia, and hematopoietic stem cell transplantation. Levels of the analytes in this group are significantly higher in serum samples than in plasma samples drawn from the same subjects.

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